



College of Life Sciences

Department of Exercise Sciences



08/2011

EXSC 302—*Philosophical and Ethical Issues in Exercise Science*

Fall 2011 – Section 5 – TTH 1-2 pm

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Texts: Reading packet for EXSC 302

Course Description

A course introducing philosophical and ethical issues that have application for professional conduct in the exercise sciences.

Course Objectives – Students will:

1. Learn the various contemporary philosophic tenets and positions as a basis for understanding others with differing views and beliefs.
2. Use class and assigned opportunities to increase knowledge and experience in understanding one's own attitudes and values in personal and professional life.
3. Apply ethical concepts to contemporary issues in the exercise sciences.
4. Assess and formulate a personal philosophy of life and make professional applications.
5. Interpret knowledge and experience and express these in written and verbal forms.

Course Organization

Course content will be disseminated with a blend of lecture, discussion and group presentations. Small group discussions and films will be used to enhance the content.

Evaluation

- 1) 2 tests will be given at the Testing Center (See schedule for dates when tests will be given.)
- 2) 1 paper (written from a personal perspective.): **Identify three ethical scenarios that commonly occur in the profession. As a future professional, elaborate on how you will resolve each of these issues.**
The following information applies to the paper:
 - no grade, pass/fail with comments
 - 2-3 pages double-spaced, typewritten (maximum of 3 pages)
 - paper should be logical, introspective, show depth of thought, and accuracy of information (shoddy work will require rewrite)
 - late papers will NOT be accepted
 - rewrites must be done by the next class period
- 3) 1 presentation You will be required to participate in a presentation during the class. Your presentation will be graded pass/fail.
Your grade will be increased by 1/2 point (e.g. B+ to A-) if you:
pass the paper AND pass the presentation
Your grade will be decreased by 1/2 point if:
your paper is late, or you fail it (after the rewrite) OR you fail the presentation

Grading Criteria:

A	≥93%	B	83-86%	C	73-76%	D	63-66%
A-	90-92%	B-	80-82%	C-	70-72%	D-	60-62%
B+	87-89%	C+	77-79%	D+	67-69%	E	≤59%

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Paper Due Date

10/20 Course Introduction/Understanding Major Philosophies
10/25 Metaphysical Perspectives -- Absolute and Relative
10/27 Absolute Worth & Agency
11/1 Addictions - Exercise Addictions
11/3 Addictions - Eating Disorders
11/8 The Mystery of Chi – Eastern approach to medicine and exercise
11/10 Nature of Being – BodyMindSpirit – influence on exercise sciences
11/15 Ethical Decision-Making (assign groups)
11/17 Ethical Cases - plan
11/22 **Friday classes – no class**
11/24 **Thanksgiving Holiday**
11/29 Ethical cases
12/1 Ethical Cases
12/6 Ethical Cases
12/8 Ethical Cases

Paper due

Tests (on lecture notes & readings)

Take Test Between:

Test 1 Nov 4 – Nov 11
Test 2 Dec 12 – Dec 16

Philosophy Test 1

Major Philosophies
Metaphysical Perspectives: Absolute and Relative
Agency
Addictions

Philosophy Test 2

Absolute Worth
Nature of Being/BodyMindSpirit Integration
Ethical Decision-Making
Ethical Cases

NOTE: See Table of Contents in Philosophy Readings Packet for articles pertaining to the topics above.

Honor Code

It is a violation of the Honor Code for a student to represent someone else's work as their own. Also, as a condition of attending BYU, you affirmed that you would help others obey the Honor Code. We view violations of the Honor code with extreme seriousness. It is a department policy that those who cheat on examinations or plagiarize the work of another are given a failing grade for the course.