Athletic Training Education Program (ATEP) Application Instructions

Instructions for completing the Athletic Training Education Program (ATEP) application and electronic submission:

1. The entire application "package," including all goals and objectives, should be **"Saved as Package," (NOT "Saved as Copy")** ***with your name and the document type as the file name (the same for all supplemental documents)***, and e-mailed to: mike_diede@byu.edu

   Dr. Mike Diede
   Department of Exercise Sciences
   274 SFH
   Brigham Young University
   Provo, UT 84602-2216

   by the first Friday in April for admittance the following Fall Semester, and by the first Monday in December for admittance the following Winter Semester. The Application Objectives Signature Sheet should be printed, signed, and turned in to Dr. Diede.

   You must complete the prerequisite courses to be considered for admittance to the ATEP. You must complete Introduction to Health Professions (STDEV 170), Anatomy (PDBIO 220), Physiology (PDBIO 305), and Basic Athletic Training class and Lab (EXSC 320 and 321) before you sign up for an interview. The enrollment capacity is 20 students per semester, determined by the "application grade" (see last page of application).
2. One professional letter of recommendation is required as part of your application. Provide the form to the person you ask to write your letter of recommendation and have that person send the letter to Dr. Diede at the above address by the deadline specified for Fall semester or for Winter semester. The recommendation form is included in this packet but recommendations may be submitted via e-mail or snail mail without using the recommendation form.
3. Attest to your ability to meet the BYU ATEP technical standards by signing the appropriate statement (sign electronically with your name and BYU ID #) or contact the University Accessibility Center (801-422-2767) to determine if accommodation is available.
4. A physical exam, within 6 months prior to the application deadline, is required for admittance to the program. The physical exam clearance form (included with this packet) must be submitted to Dr. Diede with your application (you will need to scan it so it may be e-mailed with your packet). The Student Health Center or the physician will keep the original exam form.
5. Provide a copy of a complete and current immunization record (you will need to scan it so it may be e-mailed with your packet).
6. Provide a copy of your CPR/AED card (professional rescuer preferred)—both sides (you will need to scan it so it may be e-mailed with your packet).
7. Complete thirty (30) hours (total) of observation in the high school and college settings and complete observation objectives 1–7. Previous experience as a student athletic trainer at the high school or college level may satisfy part of this requirement—check with Dr. Diede regarding this previous experience; these hours of experience should be recorded on the student observation form included with this packet.
8. Group interviews and orientation for acceptance into the program will be held just before school ends in April or December. Candidates will be contacted via e-mail or phone. Please attend the orientation meeting; interview schedule will be determined.

If you have any questions regarding this application, please contact Dr. Mike Diede at the above address, at 801-422-2145, or at mike_diede@byu.edu.

Directed Observation Requirements for Application to the Athletic Training Education Program (ATEP)

Note: This is NOT required of *all* students in EXSC 320 and EXSC 321; only those who are applying for admission to the BS Athletic Training major.

1. A minimum of 30 hours of directed observation or experience as an athletic training student is required. These are to be broken down as follows:
   BYU athletic training facilities: minimum of 10 hours
   High School athletic training rooms: minimum of 10 hours
   Another setting or combination of previous settings: minimum 10 hours
2. You will be given a list of objectives that you must complete as part of your observation. If you have previous experience as an athletic training student, you MUST complete the objectives even though you may not need to spend as many hours observing. Some of the objectives you already may have completed as part of your previous experiences. See me if you have questions regarding how many of your previous-experience hours will be counted and how many still will need to be completed.
3. Sign-up sheets for BYU and high school observations can be found in the taping lab room (280 SFH). You must sign up for observations—don't just show up wherever you want. There is a limit of two students per high school per day; one person per sport per day at BYU.
4. When you arrive for your observation, report to the certified athletic trainer listed on the sign-up sheet. A certified athletic trainer must sign your observation hours form when you are finished with that day's observation. Athletic training students may NOT sign these forms (exception—certified graduate students may sign).
5. Be aware of game schedules for teams that you sign up to observe. We will try to block those days off the sign-up sheets, but it is hard to keep track of all of them! Observation is not allowed on game days unless you have permission from the certified athletic trainer in charge of that sport (never with football or men's basketball at BYU).
6. Remember that you are **observing *only***! You should not be asking for or taking team assignments. There will be specific objectives that you will be doing, and you may be asked to assist with other tasks—cleaning coolers, making ice bags, PowerAde, etc. If you feel uncomfortable with something you are asked to do, please tell the certified athletic trainer or an athletic training student. Take advantage of your opportunities to learn, but do your best not to get in the way—especially if an emergency situation occurs.
7. If you do not have a car to get to some of the local high schools, try to car pool with another student, or you can catch the bus! With a little planning you can get to the closer high schools quite easily.
8. Submit the completed observation hours form with the rest of your application materials.

If you have any questions about how to complete this assignment, please contact Aaron Wells in 249A SFH (801-422-4776) or Dr. Mike Diede, 274 SFH (801-422-2145).

DO NOT PROCRASTINATE THE DAY OF YOUR OBSERVATIONS!